What students say:
“Tragedy can happen in anyone’s life, including mine.”
“I feel like the information I learned at the P.A.R.T.Y program could save a life.”
The P.A.R.T.Y. experience is “eye-opening and positive” and “a must for all young people.”

Scheduling a program.
If you are interested in scheduling a P.A.R.T.Y. program, contact your regional representative.

Northern region
Alison Weston
970.495.7502
alison.weston@uchealth.org

Denver metro region
Laurie Lovedale
720.848.5165
laurie.lovedale@uchealth.org

Southern region
Matt Gibbs
719.648.8748
matthew.gibbs@uchealth.org

Prevent Alcohol and Risk-related Trauma in Youth

The P.A.R.T.Y. Experience That Can Save Your Life
Cell phone use and text messaging increases the crash risk by $300\%$.

87% of teen deaths involve a distracted driver.

The crash rate for 16-year-old drivers is nearly double that of 19-year-old drivers.

Teens are 3X more likely to die in a crash after dark.

Adding one passenger increases the chance of a fatal crash by 48%.

A second passenger increases the chance of a fatal crash by $158\%$.

Nearly half of teens are sleep deprived.

Young drivers cause 55% of fatigue-related crashes.

“Every decision could mean my life.”

The P.A.R.T.Y. program is a five-hour, in-hospital injury awareness and prevention program for high school students. It is a vital component of a community’s effort to reduce death and injury in alcohol, drug and risk-related crashes and other incidents. The goal of P.A.R.T.Y. is to provide young people with information about traumatic injury. This will enable them to recognize potential injury producing situations, make safer choices and adopt behaviors that reduce risk.

Students are given information about:
- Basic anatomy and physiology.
- The mechanics of injury.
- The effect alcohol or drugs have on decision-making, risk assessment, concentration and coordination.
- The type of injuries that can be repaired and those that have lifelong consequences.
- The effect of injury on families, finances and future plans.

The program is offered throughout the UCHealth system in cooperation with the Colorado State Patrol and local partners.

P.A.R.T.Y. on the Road.

P.A.R.T.Y. on the Road is a modified version of the hospital P.A.R.T.Y. program. Students interact with a team of health care professionals and emergency responders who show the real-life impact of poor decisions.

A typical interactive P.A.R.T.Y. day.*

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>9-9:45 a.m.</td>
<td>P.A.R.T.Y. Introduction to Reality</td>
</tr>
<tr>
<td>9:45-10:45 a.m.</td>
<td>EMS presentation tours: crash car, ER, trauma ICU</td>
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<tr>
<td>10:45-11:15 a.m.</td>
<td>Burn tour/decedent affairs</td>
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<tr>
<td>11:15-11:45 a.m.</td>
<td>Survivor story</td>
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<tr>
<td>11:45-12:00 p.m.</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:00-1:00 p.m.</td>
<td>Disability and distraction simulation stations</td>
</tr>
<tr>
<td>1:00-1:40 p.m.</td>
<td>Law enforcement presentation</td>
</tr>
<tr>
<td>1:40-1:55 p.m.</td>
<td>Decision-making scenarios</td>
</tr>
<tr>
<td>1:55-2:00 p.m.</td>
<td>Wrap up</td>
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</tbody>
</table>

*Times are variable based on needs of each school.