Nursing Unit Descriptions – UCHealth southern Colorado

ACUTE CARE SERVICES

Neuroscience 5C

Neuroscience is a 24-bed unit with all private rooms for our patients. The department specializes in acute stroke, TIA, seizure, epilepsy, and all Neurological related issues. They also care for neurosurgical patients, including post-operative bur hole management, deep brain stimulators, and other neurological procedures. The typical nurse-to-patient ratio is 1:5 (days) and 1:5-6 (nights), with a dedicated Charge Nurse, Patient Care Tech support, and a daytime Unit Secretary. The staff work 12-hour shifts with holiday and weekend requirements and are offered self-scheduling.

Medical Unit 5N

The Medical Unit is a dynamic and fast-paced environment, rich with opportunity for learning. It is a 26-bed unit specialized to care for patients with a wide variety of medical disorders, including but not limited to hypertension, heart disease, respiratory failure, diabetes, acute renal disease or ESRD. All nurses after hire are trained and certified in continuous abdominal peritoneal dialysis (CAPD). The team is staffed with a dedicated Charge Nurse, Patient Care Tech support, and a daytime unit clerk. The staff work 12-hour shifts with holiday and weekend requirements and are offered self-scheduling.

Surgical Trauma 4C

Surgical Trauma is a 24-bed unit caring for both general surgical and trauma patients. Patients include abdominal, urological, thyroid, and ENT surgeries. The trauma population includes multi-system trauma injured patients, ranging from TBI to orthopedic injuries. Memorial Hospital Central is a Level I Trauma hospital. The typical nurse-to-patient ratio is 1:4-5 (days) and 1:5-6 (nights). Patient Care Technicians assist the RNs with the care of the patients.

Ortho-Spine 6N

Ortho-Spine is a 39-bed unit that cares for a diverse population of surgical and medical patients. The unit specializes in orthopedic, ortho-trauma, and spine surgery patients. We care for patients ranging from teenagers to geriatrics who are being treated for elective procedures (total joints, spine surgeries), as well as ortho-trauma
patients with various fractures and injuries from a traumatic event (car/motorcycle accident, falls, etc.). The typical RN to patient ratio is 1:4-5 on dayshift and 1:5-6 on nightshift.

Ortho/Spine 6N is a place where nurse residents thrive in a positive environment. We have highly trained preceptors who have a passion for teaching. They personalize training to include teamwork, communication, and critical thinking setting residents up for a long and successful career.

**Medical Surgical 6C & 1W**

Medical Surgical is a 25 bed unit with a very diverse population of medical-surgical patients. Services provided include (but are not limited to): COPD, asthma, pneumonia, DVT prevention and treatment, hypoxia, diabetes, HTN, infectious disease, surgical urology patients, adult general surgery patients, wound care, and telemetry monitoring. The majority of patients experience a multiplicity of issues requiring multiple levels of care ranging from general to intermediate level. Typical RN to patient ratio is 1:4-5 (days) to 1:5-6 (nights). Certified Nursing Assistants are assigned to the nurses and are delegated to according to the nurse practice act.

This unit is a dynamic and fast paced environment rich with opportunity for learning. We utilize a multidisciplinary approach to patient care that encourages teamwork between physicians, nursing staff, therapy staff, social work and a variety of other consulting disciplines to provide the most comprehensive care for our patients.

The heartbeat of our Adult Medical Surgical unit is **teamwork** for the sake of holistic patient-centered care and a healthy work environment that allows our staff to thrive and grow both personally and professionally.

**Medical Surgical North**

MSN is a 48-bed unit split into four-pods with all private rooms located on the Memorial North campus. There is a diverse population of medical/surgical patients, which includes orthopedic patients, gynecological surgery patients, cardiac patients, trauma patients, and general medical patients. Typical RN to patient ratio is typically 1:5 on days and 1:6 on nights. Patient Care Techs are assigned to the nurses and are delegated to according to the nurse practice act. The staff work 12-hour shifts, have set holidays that rotate yearly, and are offered self-scheduling.
Staffing Services

This is the float pool for Memorial – UCHealth. This department provides nursing care services for multiple adult inpatient units. Nurse residents are trained to float between all adult inpatient medical/surgical units within the Southern Region of UCHealth. The float pool staff assists units in filling open shifts for same-day and pre-booked positions. Nurse residents work closely with a float pool preceptor and supervisor to ensure success in the nurse residency program, giving the nurse resident a strong and well-rounded beginning to their nursing career.

ONCOLOGY SERVICE LINE

Inpatient Oncology Unit

This 19-bed unit specializes in the care of hematology-oncology patients with a multidisciplinary approach. The patient population on the unit includes patients receiving active chemotherapy treatment, radiation oncology patients that need I-131, and medical overflow patients. Nursing staff are chemotherapy and biotherapy certified providing the highest nursing care to the oncology patient. The typical nurse to patient ratio is 1:4-5 on days and 1:4-5 on nights.

REHAB SERVICE LINE

Rehab Patient Care Unit

The Rehab Patient Care Unit, or “RPCU,” is an acute care rehab unit at Memorial Hospital. This 22-bed unit specializes in the rehabilitation of patients. The nurses and therapists work together to strive for the patient’s independence. The population includes post-stroke, head injury, motor vehicle accidents, joint replacement and/or orthopedic patients. The typical nurse to patient ratio is 1:6 on days and 1:8 on nights. Patient Care Techs are assigned equally and work with the team; the assignment is according to the nurse practice act.

EMERGENCY SERVICE LINE

The ED at Memorial is made up of 86 beds located across two campuses, Memorial Central and North. Staff generally works at one location or the other. Nurses are hired into a variety of assigned positions which may include days, mid-shifts or nights in 8, 10 or 12-hour shifts with self-scheduling.
Memorial Central is a 68 bed Level I Trauma Center, Chest Pain Center with PCI and Resuscitation, and Comprehensive Stroke Center. Memorial Central specialty areas include three trauma/resuscitation rooms, a critical care area, a pediatric area, as well as a closed behavioral health unit. The Memorial North campus has 24 beds and is a Level III Trauma Center and Chest Pain Center with PCI and Resuscitation, and offers expanded services for oncology and OB patients. Memorial North offers a variety of services, and also has specialized resuscitation and behavioral health rooms. Education for both campuses includes ACLS, TNCC, CPI, ENPC and/or PALS that nurse residents complete during the program.

CRITICAL CARE SERVICES

ICU

We have 39 critical care beds located on 2 campuses (Memorial Central and Memorial North). The staff rotates between the two locations.

The Central campus is a 29-bed unit specializing in acutely ill adults with medical, surgical, neurological/neurosurgical, and cardiac conditions. Other patients include those who have undergone interventional radiology or who have sustained traumatic injuries. This campus is a Level I trauma center, and both comprehensive stroke and chest pain accredited.

The North campus ICU is a 10-bed unit specializing in acutely ill adults with medical, surgical conditions. It is a Level III trauma center.

Nurses on both campuses provide care for patients requiring close monitoring with intensive therapeutic modalities-mechanical ventilation, continuous renal replacement, intra-aortic balloon pumps, vasoactive medications, and advanced hemodynamic monitoring. Nursing assignments are made on a shift to shift basis taking into consideration patient acuity and staff.

Cardiovascular Intensive Care Unit

CVICU is a 7 bed unit with 1 semi-private and 5 private rooms with plans to expand in the near future. The unit specializes in cardiothoracic, thoracic, and vascular surgeries. Cardiothoracic surgeries include but not limited to CABG, Single/Double/Triple valve surgery, Root replacement, MitraClip, and TAVR. Thoracic surgeries include but not limited to thoracotomy, esophagectomy, and lobectomy. Vascular surgeries include but
not limited to open abdominal aortic aneurysm repair, arterial bypasses, transcarotid artery revascularization (TCAR), and carotid endarterectomy.

Skilled nurses provide expert care for patients requiring close monitoring with therapeutic practices such as Impella, epicardial & transvenous pacemakers, intra-aortic balloon pumps, vasoactive/inotropic medications, mechanical ventilation, continuous renal replacement, and advanced hemodynamic monitoring. This unit also has the capability of initiating ECMO with planned transfer to higher level of care when able. ACLS and Emergency Care of the Cardiovascular patient are required within 6 months of hire and are offered during the residency program. Nursing assignments are made on a shift to shift basis taking into consideration patient acuity and staff. The staff work 12-hour shifts with holiday/weekend requirements and are offered self-scheduling with a 3 year plan of holidays assigned. The typical nurse-to-patient ratio is 1:2 with at least two 1:1 surgical patients daily.

UCHealth Memorial Hospital Central was the first hospital in the state of Colorado to receive the National Distinction of Excellence HeartCARE Center 2019.

Cardiovascular & Thoracic Unit

CVT PCU is an 18-bed unit with 1 semi-private and 16 private rooms, open 24 hours, every day of the year. The unit has the capability of monitoring 6 progressive care beds. Expert nurses are responsible for the assessment, planning, implementation and evaluation of patient outcomes admitted to this unit. Staff provide for multiple levels of care ranging from general to intermediate level. 2S Cardiology is a 10-bed unit, all private rooms, open 24 hours, every day of the year.

CardioVascular & Thoracic PCU specializes in the intermediate care of the adult cardiac/vascular/thoracic patient population. The patient requires monitoring and care of moderate or potentially severe physiologic instability or is stable, with a high potential for becoming unstable, and requires increased intensity of care and vigilance. This includes, but is not limited to, the following patient populations: Congestive Heart Failure, Cardiomyopathy, post angiography (angioplasty, stent), Invasive Radiology, arrhythmias, R/O myocardial infarction (MI), stable acute MI, Unstable Angina, cardioversion, Ablation, s/p pacemaker insertion, 24-hours post open hearts (valve, CABG), vascular intervention, carotids, thoracotomies, transvenous cardiac pacing and post cardiac arrest. Medical/Surgical patients may be admitted to the CVT PCU if additional beds are needed.
WOMENS SERVICES Central

Birth Center

The Birth Center is a 29-bed unit including an 8-bed Obstetrical Emergency Department, 15 labor and delivery rooms, 2 ORs, and 4 recovery rooms. We are a referring hospital for southern Colorado, doing 1,700 deliveries per year. Pregnancy is our specialty. We care for a variety of low and high-risk patients who come to deliver their baby or to have specialized monitoring for high-risk issues such as pregnancy with multiple babies, cardiac problems (maternal or fetal), diabetes, or other chronic health issues. We offer labor rooms with either a walk-in shower or built-in soaking tub to aid in water labor. We are supported by a normal newborn nursery with couplet care. Our medical providers include private practice OB-GYNs and Certified Nurse Midwives, and maternal-fetal medicine perinatology. The nursing team is expert in all areas of OB care from 20 weeks and beyond, committed to remaining patient focused and evidence based. Our specialty high-risk OB transport team brings patients from Southern Colorado, New Mexico, and rural Kansas when a higher level of care is needed for mom or fetus.

Mother/Baby Unit

The mother/baby unit is a 31 bed unit with a 5 bed extended care nursery. Nurses provide couplet care to mothers and babies post-delivery while providing education on post-partum care, breastfeeding, and infant and maternal health. The typical nurse to patient ratio is 1 nurse to 3 couplets (mother and baby). Lactation nurses are available daily for additional breastfeeding needs.

WOMENS SERVICES North

Birth Center

The Birth Center is a 29-bed unit including a 6-bed Obstetrical Emergency Department, 12 labor and delivery rooms, and 2 ORs. We are a referring hospital for southern Colorado, doing 2,800 deliveries per year. Pregnancy is our specialty. We care for a variety of low and high-risk patients who come to deliver their baby or to have specialized monitoring for high-risk issues such as pregnancy with multiple babies, cardiac problems (maternal or fetal), diabetes, or other chronic health issues. We offer labor rooms with either a walk-in shower or built-in soaking tub to aid in water labor. We are supported by a normal newborn nursery with couplet care. Our medical providers
include private practice OB-GYNs, a community health center practice which combines Certified Nurse Midwives and OB-GYNs, and maternal-fetal medicine perinatology. The nursing team is expert in all areas of OB care from 20 weeks and beyond, committed to remaining patient focused and evidence based. Our specialty high-risk OB transport team brings patients from Southern Colorado, New Mexico, and rural Kansas when a higher level of care is needed for mom or fetus.

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**Women’s Pavilion**

This is an 8-bed unit comprised of all private rooms. The patient population is stable high-risk antenatal care, patients with gynecological issues, and post-op GYN patients. Also included is care for intrauterine fetal demises under 20 weeks. We provide individualized care for our pregnant patients who live on our unit for up to 3 months, waiting for delivery. Our GYN and post-op GYN patients receive the highest level of professional care as we help them to recover after treatment or survey. Staff are experts in women’s health and wellness, caring for a wide variety of issues, including diabetes, hypertension, cardiac issues, and other chronic health concerns. Our long-term patients are pleased with the professional care and personal touches from the staff, often commenting they are better educated and prepared to care for themselves and their babies than when they were admitted. Our medical providers include a large perinatology practice for high-risk pregnancies, private practice OB-GYNs, and community health OB-Gyns who engage in collaborative, evidence-based practice for best patient outcomes.