

News

Clinical Laboratory Test Update

Helicobacter Pylori Breath Test

This test is commonly collected at the Anschutz Outpatient Laboratory. To improve patient experience, we are asking clinicians to educate patients that they must abstain from any food or drink (including water and chewing gum) for at least one hour before the test can be collected.

Patients are expecting to begin the collection process immediately upon arrival at the Outpatient Laboratory, and find that they must wait an hour if they did not prepare by fasting. Being notified of the need to abstain from food and drink prior to their arrival at the Outpatient Lab for collection sets an accurate expectation for our patients.

Please call Clinical Lab Sendouts at 720-848-7029 if you have any questions or visit our website at <https://www.uchealth.org/professionals/uch-clinical-laboratory/> for additional information.

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