

Nursing Unit Descriptions - UCHealth southern Colorado

ACUTE CARE SERVICES

Neuroscience 5C

Neuroscience is a 24-bed unit with all private rooms for our patients. The department specializes in acute stroke, TIA, seizure, epilepsy, and all Neurological related issues. They also care for neurosurgical patients, including post-operative bur hole management, deep brain stimulators, and other neurological procedures. The typical nurse-to-patient ratio is 1:4-5 (days) and 1:5 (nights), with a dedicated Charge Nurse, Patient Care Tech support, and a daytime Unit Secretary. The staff work 12-hour shifts with holiday and weekend requirements and are offered self-scheduling.

Medical Unit 5N

The Medical Unit is a dynamic and fast-paced environment, rich with opportunity for learning. It is a 26-bed unit specialized to care for patients with a wide variety of medical disorders, including but not limited to hypertension, heart disease, respiratory failure, diabetes, acute renal disease or ESRD. All nurses after hire are trained and certified in continuous abdominal peritoneal dialysis (CAPD). The team is staffed with a dedicated Charge Nurse, Patient Care Tech support, and a daytime unit clerk. The staff work 12-hour shifts with holiday and weekend requirements and are offered self-scheduling.

Surgical Trauma 6C

Surgical Trauma is a 24-bed unit caring for both general surgical and trauma patients. Patients include abdominal, urological, thyroid, and ENT surgeries. The trauma population includes multi-system trauma injured patients, ranging from TBI to orthopedic injuries. Memorial Hospital Central is a Level I Trauma hospital. The typical nurse-to-patient ratio is 1:4-5 (days) and 1:5-6 (nights). Patient Care Technicians assist the RNs with the care of the patients.



HOPE Unit

The Hope Unit is a lively, welcoming, and specialized unit consisting of 10 private beds caring for patients experiencing alcohol/substance addiction and withdrawal with a comorbid medical indication for admission. Typically, day and night shifts have a 1:4 nurse-to-patient ratio with Patient Care Technician and Charge Nurse support. Unique to the Hope Unit, a full-time Certified Addictions Counselor (CAC III) and Behavioral Health Specialists work with the patients. The staff work 12-hour shifts with holiday and weekend requirements and enjoy the convenience of self-scheduling. The experiences that you gain from working with this population and the multidisciplinary team are very unique for an acute care setting.

Ortho-Spine 6N

Ortho/Spine 6N is a 29-bed unit that specializes in orthopedics and trauma. We care for patients ranging from teenagers to geriatrics who are being treated for traumatic bone injuries, elective orthopedic procedures, as well as bariatric and spinal surgeries. You break it, we fix it! The typical RN to patient ratio is 1:4 on dayshift and 1:5 on nightshift. Ortho/Spine 6N is a place where nurse residents thrive in a positive environment. We have highly trained preceptors who have a passion for teaching. They personalize training to include teamwork, communication, and critical thinking. Our goal is for our nurse residents to have a smooth transition into an exciting, rewarding career within a supportive nursing family.

Medical Surgical 3E

Medical Surgical 3E is a 32-bed medical-surgical unit which provides care to adult and geriatric patient populations. 2 East staff care for a wide variety of acute and chronic medical conditions (ie – asthma, CHF exacerbation, COPD, DKA, DVT, flu, HTN, PE, pneumonia, sepsis, UTI) as well as pre/post-op surgical patients (ie - appendectomy, cholecystectomy, wound I&D). Typical RN to patient ratio is 1:4-5 dayshift and 1:5-6 nightshift. Typical Patient Care Techs (CNA) are at a 1:9 ratio for both day & nightshift.

The medical-surgical nursing field has evolved into the largest nursing specialty, requiring nurses to acquire and maintain diverse and extensive knowledge and skills. We develop our staff to have high-level critical thinking skills, comprehensive knowledge of disease states and body systems, and strong communication and management skills.



Medical Surgical 4E

Medical Surgical is a 29 bed unit with a very diverse population of medical-surgical patients. Services provided include (but are not limited to): COPD, asthma, pneumonia, DVT prevention and treatment, hypoxia, diabetes, HTN, infectious disease, surgical urology patients, adult general surgery patients, wound care, and telemetry monitoring. The majority of patients experience a multiplicity of issues requiring multiple levels of care ranging from general to intermediate level. Typical RN to patient ratio is 1:4-5 (days) to 1:5-6 (nights). Certified Nursing Assistants are assigned to the nurses and are delegated to according to the nurse practice act.

This unit is a dynamic and fast paced environment rich with opportunity for learning. We utilize a multidisciplinary approach to patient care that encourages team work between physicians, nursing staff, therapy staff, social work and a variety of other consulting disciplines to provide the most comprehensive care for our patients.

The heartbeat of our Adult Medical Surgical unit is **teamwork** for the sake of holistic patient-centered care and a healthy work environment that allows our staff to thrive and grow both personally and professionally.

Medical Surgical North

Med Surg North is a 35 bed unit split into three pods with all private rooms located on the Memorial North campus. There is a diverse population of medical/surgical patients, which includes orthopedic patients, gynecological surgery patients, cardiac patients, trauma patients, and general medical patients. Typical RN to patient ratio is typically 1:5 on days and 1:6 on nights. Patient Care Techs are assigned to the nurses and are delegated to according to the nurse practice act. The staff work 12-hour shifts, have set holidays that rotate yearly, and are offered self-scheduling.

Staffing Services

This is the Medical Surgical float pool for UCHealth Memorial Hospital and UCHealth Memorial Hospital North. This department provides nursing care services for multiple adult inpatient units. Nurse residents are trained to float between all adult inpatient Medical Surgical units. The float pool staff assists units in filling open shifts for sameday and pre-booked staff vacancies. Nurse Residents work closely with a float pool preceptor and nurse manager to ensure success in the nurse residency program, giving the nurse resident a strong and well-rounded beginning to their nursing career.



High Acuity Unit

The High Acuity unit at Memorial North is a 24 bed unit. Memorial North is a Level 3 Trauma Center, as well as a Primary Stroke Center. The High Acuity unit specializes is cardiac patients, neuro patients, medical, sepsis, trauma and general medical/ surgical. The North campus is set up via pod systems so each pod consists of 12 private rooms. The typical nurse to patient ratio is 1:4 with the PCT ratio of 1:12. The High Acuity unit is where nurse residents start their career developing a strong critical thinking foundation along with team work, accountability and maintaining a positive work environment. Our nurse residents are on a rotational schedule for their first year of their nursing career switching every 6 weeks from days to nights and vice versa to become a more well-rounded new grad and get the benefits of what both shifts have to offer. The staff work 12-hour shifts with set holidays that rotate yearly, and are offered self-scheduling to meet the needs of a happy work-life balance.

Cardiovascular & Thoracic Unit

CVT PCU is a 24-bed unit with 1 semi-private and 22 private rooms, open 24 hours, every day of the year. The unit has the capability of monitoring 6 progressive care beds. Expert nurses are responsible for the assessment, planning, implementation and evaluation of patient outcomes admitted to this unit. Staff provide for multiple levels of care ranging from general to intermediate level.

CardioVascular & Thoracic PCU specializes in the intermediate care of the adult cardiac/vascular/thoracic patient population. The patient requires monitoring and care of moderate or potentially severe physiologic instability or is stable, with a high potential for becoming unstable, and requires increased intensity of care and vigilance. This includes, but is not limited to, the following patient populations: Congestive Heart Failure, Cardiomyopathy, post angiography (angioplasty, stent), Invasive Radiology, arrhythmias, R/O myocardial infarction (MI), stable acute MI, Unstable Angina, cardioversion, Ablation, s/p pacemaker insertion, 24-hours post open hearts (valve, CABG), vascular intervention, carotids, thoracotomies, transvenous cardiac pacing and post cardiac arrest. Medical/Surgical patients may be admitted to the CVT PCU if additional beds are needed.



ONCOLOGY SERVICE LINE

Inpatient Oncology Unit

This 19-bed unit specializes in the care of hematology-oncology patients with a multidisciplinary approach. The patient population on the unit includes patients receiving active chemotherapy treatment, radiation oncology patients that need I-131, and medical overflow patients. Nursing staff are chemotherapy and biotherapy certified providing the highest nursing care to the oncology patient. The typical nurse to patient ratio is 1:4-5 on days and 1:4-5 on nights.

Outpatient Oncology Clinic

The Outpatient Oncology department is a high energy/ fast paced clinic environment. The clinic sees a wide range of cancer diagnosis as well as non-oncology diagnosis: daily antibiotics, rheumatoid arthritis, allergy, auto-immune disorders and many more. We have several clinic locations across Colorado Springs at Memorial North, Memorial Central, and Pikes Peak Regional Hospital. The clinic has varied start times of 0700, 0800, and 0830 for a 9 hour shift from your start time. The Oncology team is a nurturing environment, we have several nurses with 15+ years of Oncology knowledge to share. If you enjoy creating long relationship with patients this is the place for you. The clinic has 4 primary roles in the clinic: infusion RN, Fast-track RN, Triage RN, and Lead RN. The new grads will begin mastering 2 of the 4 roles. We recommend about 2 years of experience before exploring the other roles are explored: Triage RN and Lead RN. The infusion clinic also is home to our new apheresis program. We have select cross-trained nurses to this specialty as well. We offer 3 procedures which aid in management of: graft versus host disease, sickle cell disease, myasthenia gravis, and many more.

REHAB SERVICE LINE

Rehab Patient Care Unit

The Rehab Patient Care Unit, or "RPCU," is an acute care rehab unit at Memorial Hospital. This 22-bed unit specializes in the rehabilitation of patients. The nurses and therapists work together to strive for the patient's independence. The population includes post-stroke, head injury, motor vehicle accidents, joint replacement and/or orthopedic patients. The typical nurse to patient ratio is 1:6 on days and 1:8 on nights. Patient Care Techs are assigned equally and work with the team; the assignment is according to the nurse practice act.



EMERGENCY SERVICE LINE

The ED at Memorial is made up of 86 beds located across two campuses, Memorial Central and North. Staff generally works at one location or the other. Nurses are hired into a variety of assigned positions which may include days, mid-shifts or nights in 8, 10 or 12-hour shifts with self-scheduling.

Memorial Central is a 68 bed Level I Trauma Center, Chest Pain Center with PCI and Resuscitation, and Comprehensive Stroke Center. Memorial Central specialty areas include three trauma/resuscitation rooms, a critical care area, a pediatric area, as well as a closed behavioral health unit. The Memorial North campus has 24 beds and is a Level III Trauma Center and Chest Pain Center with PCI and Resuscitation, and offers expanded services for oncology and OB patients. Memorial North offers a variety of services, and also has specialized resuscitation and behavioral health rooms. Education for both campuses includes ACLS, TNCC, CPI, ENPC and/or PALS that nurse residents complete during the program.

CRITICAL CARE SERVICES

Neuro/Trauma ICU

We have 32 beds between two campuses (Memorial Central and Memorial North). At Central we are a Level I Trauma Center, a Comprehensive Stroke center and have 22 beds. The North campus ICU is a 10-bed unit specializing in acutely ill adults with medical, surgical conditions. It is a Level III Trauma Center and Primary Stroke center.

Medical ICU

We are a 16 bed medical unit caring for patients experiencing pulmonary, renal, endocrine and other medical conditions.

Nurses on both campuses provide care for patients requiring close monitoring with intensive therapeutic modalities-mechanical ventilation, continuous renal replacement, intra-aortic balloon pumps, vasoactive medications, and advanced hemodynamic monitoring. Nursing assignments are made on a shift to shift basis taking into consideration patient acuity and staff.



Cardiovascular Intensive Care Unit

CVICU is a 7 bed unit with 1 semi-private and 5 private rooms with plans to expand in the near future. The unit specializes in cardiothoracic, thoracic, and vascular surgeries. Cardiothoracic surgeries include but not limited to CABG, Single/Double/Triple valve surgery, Root replacement, MitraClip, and TAVR. Thoracic surgeries include but not limited to thoracotomy, esophagectomy, and lobectomy. Vascular surgeries include but not limited to open abdominal aortic aneurysm repair, arterial bypasses, transcarotid artery revascularization (TCAR), and carotid endarterectomy.

Skilled nurses provide expert care for patients requiring close monitoring with therapeutic practices such as Impella, epicardial & transvenous pacemakers, intra-aortic balloon pumps, vasoactive/inotropic medications, mechanical ventilation, continuous renal replacement, and advanced hemodynamic monitoring. This unit also has the capability of initiating ECMO with planned transfer to higher level of care when able. ACLS and Emergency Care of the Cardiovascular patient are required within 6 months of hire and are offered during the residency program. Nursing assignments are made on a shift to shift basis taking into consideration patient acuity and staff. The staff work 12-hour shifts with holiday/weekend requirements and are offered self-scheduling with a 3 year plan of holidays assigned. The typical nurse-to-patient ratio is 1:2 with at least two 1:1 surgical patients daily.

UCHealth Memorial Hospital Central was the first hospital in the state of Colorado to receive the National Distinction of Excellence HeartCARE Center 2019.

Progressive Care Unit (PCU)

The Progressive Care Unit on 35 is an 18 bed ICU step-down unit. With Memorial Hospital being a Level 1 Trauma Center as well as a Compressive Stroke Facility, the PCU truly specializes in a little bit of everything. The PCU specializes in neuro, trauma, sepsis, medical, vascular, a little bit of cardiac and everything else in between; our patients are known to be too ill to be out on the medical units but still maintaining a respiratory drive and an adequate blood pressure to be too good for the ICU. The typical RN to patient ratio is 1:3 with our PCT's having a 1:9 patient ratio. PCU is where nurse residents come to start their nursing career in the critical care arena. We strive in teamwork, accountability and a positive work environment. Our nurse residents are on a rotational schedule for their first year of their nursing career switching every 6 weeks from days to nights and vice versa to become a more well-rounded new grad and get



the benefits of what both shifts have to offer. The staff work 12-hour shifts with set holidays that rotate yearly, and are offered self-scheduling to meet the needs of a happy work-life balance.

WOMENS SERVICES Central

Birth Center

The Birth Center is a 29-bed unit including an 8-bed Obstetrical Emergency Department, 15 labor and delivery rooms, 2 ORs, and 4 recovery rooms. We are a referring hospital for southern Colorado, doing 1,700 deliveries per year. Pregnancy is our specialty. We care for a variety of low and high-risk patients who come to deliver their baby or to have specialized monitoring for high-risk issues such as pregnancy with multiple babies, cardiac problems (maternal or fetal), diabetes, or other chronic health issues. We offer labor rooms with either a walk-in shower or built-in soaking tub to aid in water labor. We are supported by a normal newborn nursery with couplet care. Our medical providers include private practice OB-GYNs and Certified Nurse Midwives, and maternal-fetal medicine perinatology. The nursing team is expert in all areas of OB care from 20 weeks and beyond, committed to remaining patient focused and evidence based. Our specialty high-risk OB transport team brings patients from Southern Colorado, New Mexico, and rural Kansas when a higher level of care is needed for mom or fetus.

Mother/Baby Unit

The mother/baby unit is a 31 bed unit with a 5 bed extended care nursery. Nurses provide couplet care to mothers and babies post-delivery while providing education on post-partum care, breastfeeding, and infant and maternal health. The typical nurse to patient ratio is 1 nurse to 3 couplets (mother and baby). Lactation nurses are available daily for additional breastfeeding needs.

WOMENS SERVICES North

Birth Center

The Birth Center is a 29-bed unit including a 6-bed Obstetrical Emergency Department, 12 labor and delivery rooms, and 2 ORs. We are a referring hospital for southern Colorado, doing 2,800 deliveries per year. Pregnancy is our specialty. We care for a



variety of low and high-risk patients who come to deliver their baby or to have specialized monitoring for high-risk issues such as pregnancy with multiple babies, cardiac problems (maternal or fetal), diabetes, or other chronic health issues. We offer labor rooms with either a walk-in shower or built-in soaking tub to aid in water labor. We are supported by a normal newborn nursery with couplet care. Our medical providers include private practice OB-GYNs, a community health center practice which combines Certified Nurse Midwives and OB-GYNs, and maternal-fetal medicine perinatology. The nursing team is expert in all areas of OB care from 20 weeks and beyond, committed to remaining patient focused and evidence based. Our specialty high-risk OB transport team brings patients from Southern Colorado, New Mexico, and rural Kansas when a higher level of care is needed for mom or fetus.

Mother/Baby Unit

The mother/baby unit is a 24 bed unit with a 7 bed extended care nursery. Nurses provide couplet care to mothers and babies post-delivery while providing education on post-partum care, breastfeeding, and infant and maternal health. The typical nurse to patient ratio is 1 nurse to 3 couplets (mother and baby). Lactation nurses are available daily for additional breastfeeding needs.

Women's Pavilion

This is an 8-bed unit comprised of all private rooms. The patient population is stable high-risk antenatal care, patients with gynecological issues, and post-op GYN patients. Also included is care for intrauterine fetal demises under 20 weeks. We provide individualized care for our pregnant patients who live on our unit for up to 3 months, waiting for delivery. Our GYN and post-op GYN patients receive the highest level of professional care as we help them to recover after treatment or survey. Staff are experts in women's health and wellness, caring for a wide variety of issues, including diabetes, hypertension, cardiac issues, and other chronic health concerns. Our long-term patients are pleased with the professional care and personal touches from the staff, often commenting they are better educated and prepared to care for themselves and their babies than when they were admitted. Our medical providers include a large perinatology practice for high-risk pregnancies, private practice OB-GYNs, and community health OB-Gyns who engage in collaborative, evidence-based practice for best patient outcomes.