

## Faculty

**Janell Wozniak, MD, Program Director**



Originally from central Illinois, Dr. Wozniak is a graduate of Loyola University Medical School in Chicago. She completed her residency at the Fort Collins Family Medicine Residency Program in 2000. She then spent five years practicing full-spectrum family medicine on the remote Hopi Indian Reservation in northeastern Arizona before returning to join the faculty in 2005. She became the program director in 2013 and thoroughly enjoys working so closely with the residents, faculty and administration. Her other professional interests include leadership, rural medicine, and women's health.

**Bernard Birnbaum, MD, Associate Program Director**



Dr. Bernard "Bernie" Birnbaum, originally from Chapel Hill, N.C., graduated from George Washington University School of Medicine and completed a family medicine residency at Thomas Jefferson University in Philadelphia, Pennsylvania. He then worked for four years in Chinle, Arizona with the Indian Health Service in a remote area of the Navajo reservation. In addition to practicing full-spectrum family medicine, he worked in a school based adolescent health clinic and served as the Chief of the Department of Family Medicine. His special interests include adolescent health and pregnancy, community medicine, public health/primary care integration, quality improvement processes and the care of the underserved. He currently serves on the Board of Health for the Health Department of Larimer County. He became Associate Program Director in 2015 and is having a blast working on curriculum development.

**Kristin Andreen, MD, Clinical Medical Director**



Dr. Andreen grew up in Ann Arbor, Michigan, where she attended the University of Michigan. She received her medical degree from the Michigan State College of Human Medicine and completed her residency at the Fort Collins Family Medicine Residency program. After residency, Dr. Andreen enjoyed her work as a family doctor and clinical faculty at Clinica Family Health Services and St. Anthony North Residency Program. Her clinical interests include quality patient relationships, care of entire families and immigrant health (se habla español). Dr. Andreen lives here in Fort Collins with her husband and two daughters. In her spare time, she enjoys having dinner with friends, being outside and stargazing.

**Kristen Bené, PhD, Educational Associate Director**



Kristen joined our program in 2002 and serves as the Educational Associate Director. She designs resident curriculum, evaluations, and educational activities. She also facilitates scholarly activity and quality improvement (QI) projects, manages residency training grants, oversees residency recruiting, and teaches in the areas of QI, research and diversity/cultural humility. Kristen received her master's degree in educational psychology from Pennsylvania State University and her Ph.D. in educational leadership from Colorado State University. She serves as an associate editor for Peer-Reviewed Reports in Medical Education Research (PRiMER), an open access scholarly journal of the Society of Teachers of Family Medicine.

**Roger Bermingham, MD, Faculty Physician, Geriatrics**



Dr. Roger Bermingham did his undergraduate work at Dartmouth College Medical School at UCLA, and his residency in family medicine at the University of Iowa. After spending seven years practicing in rural Colorado, Dr. Bermingham joined the faculty of the Residency in 1987 and served as program director in 1996 until the beginning of 2001. Dr. Bermingham is certified in geriatrics and is a certified nursing home medical director. Since 2006 he has been in charge of the curriculum for geriatrics, nursing home medicine and home visits. He works with the inpatient medicine team to provide weekly Geriatric Rounds, which involves both patient consultation and inpatient geriatric topic review.

## H. Davis Blanton, MD, Faculty Physician



Dr. Blanton grew up in Shelby, North Carolina, a small town in the foothills of the Appalachians. He earned his bachelors in chemical engineering from Vanderbilt University before moving to rural Arkansas to teach high school chemistry as a member of Teach for America. He returned to North Carolina for medical school at the Brody School of Medicine at East Carolina University. Dr. Blanton completed his residency in family medicine in Fort Collins, then moved to rural Idaho where he practiced full spectrum medicine and taught residents in the Family Medicine Residency of Idaho Caldwell RRT for 3 years. He returned to join the faculty in Fort Collins in 2018 bringing specific interests in medical education, endoscopy, adolescent medicine, and outpatient procedures. Personal interests include spending time with family, hiking, mountain biking, gardening and enjoying craft beer.

## Trevin Cardon, DO, Faculty Physician



Dr. Trevin Cardon is a Fort Collins native, having moved here when he was only 5 years old. He attended Brigham Young University for his undergraduate studies and completed a Bachelor's degree in Spanish Translation with a minor in Chemistry. Dr. Cardon attended the Arizona College of Osteopathic Medicine in Glendale, AZ for medical school and as a teaching and research fellow in the osteopathic manipulative medicine department. Dr. Cardon completed residency in 2021 at the Fort Collins Family Medicine Residency, where he served chief resident. After graduation, Dr. Cardon joined the residency faculty while also growing his direct primary care practice, Hometown Family Health, which is located in Fort Collins. Dr. Cardon has always been drawn to family medicine and loves the challenge that it presents. Family medicine provides the opportunities he seeks to create strong relationships with patients and physicians-in-training. Dr. Cardon has special interests in lifestyle medicine, sports medicine, and osteopathic manipulative medicine. He also enjoys studying about the business of medicine and innovative healthcare delivery models.

### **Casey Dluhos-Sebesto, DO, Faculty Physician**



Dr. Casey Dluhos-Sebesto grew up in Savannah, Georgia and attended college on a swimming scholarship at the University of Richmond in Virginia. She received her Doctor of Osteopathic Medicine at Des Moines University in Iowa and completed her graduate medical education in Family Medicine at Mayo Clinic in Jacksonville, Florida. Pursuing her passion for obstetrical care she completed a fellowship in advanced/surgical OB at Truman Medical Center in Kansas City, Missouri. Before joining the faculty of the residency, Dr. Dluhos-Sebesto was an assistant professor at the University of Missouri, Kansas City Family Medicine Residency and also provided acute care in several emergency departments. Dr. Dluhos-Sebesto's clinical interests include obstetrics, women's and baby's health, dermatology, musculoskeletal medicine and wellness. She is an avid yoga practitioner and enjoys skiing, swimming, biking, cooking and curling up with a good sci-fi novel.

### **Zeljko Ivanovic, MD, Faculty Physician, Psychiatry**

Dr. Zeljko Ivanovic has practiced psychiatry on four continents. After graduating from medical school in Serbia and Montenegro, he headed to South Africa and completed his medical internship and attended the psychiatry residency program at the University of Natal in Durban. After passing the USMLE exams, Dr. Ivanovic moved to the USA and completed a residency at the Medical College of Wisconsin. Next, he moved to New Zealand and worked as only one of four Forensic Psychiatrists on the South Island. In 2001 he returned to the United States and worked in the oldest public psychiatric hospital in the USA in Williamsburg, VA. After several years, he joined Alabama Psychiatric Services for a little more than seven years. The allure of a healthy outdoor lifestyle



brought the Ivanovic family to Colorado in 2012. He works for the Health District of Northern Larimer County and consults at the Medical Health Clinic, Poudre Valley Hospital, Medical Center of the Rockies, Community Mental Health Center and Mountain Crest Hospital. He also provides consultations at The Family Medicine Center and teaches family practice residents.

**Tasha Marchant, PhD, RN, Lifestyle Medicine Educator**



Tasha's training includes a B.S./M.S. in health and exercise from Colorado State University and a Ph.D. in nutrition. Tasha coordinates the Clinical Lifestyles Medicine program, and also contributes to the sports nutrition and lifestyle medicine curricula. Her professional interests include health behavior change, motivational interviewing, and using lifestyle modification and exercise in medicine.

**Clint McBride, MD, Faculty Physician**



After short careers as a beach lifeguard and a lifeguard, Clint McBride earned his medical degree at the University of California, San Diego. He completed a Family Medicine Residency and Maternal/Child Health fellowship at Ventura County Medical Center and affiliated Santa Paula Hospital in California. He is currently a faculty member in his home town of Fort Collins, where he is passionate about teaching full spectrum family medicine. Particular areas of interest include continuity of care between inpatient and outpatient settings, ultrasound, obstetrics, hospital medicine, care of underserved patients,



and treatment of substance use disorders. With free time he loves surfing rivers and oceans, hiking, skiing, and spending time with family.

**Kate Rutledge, MD, Faculty Physician**



Dr. Kate Rutledge is a Colorado native who completed her undergraduate training at Colorado College, graduated from the University Of Colorado School Of Medicine, and completed her family medicine residency right here in Fort Collins. As part of her commitment to the National Health Service Corps, she worked at Loveland Community Health Center after graduation. She returned to work at the residency because she enjoys hospital medicine, obstetrics and teaching. She loves living in Fort Collins and enjoying all the outdoor opportunities Colorado has to offer. She enjoys working with patients to build relationships and learn new ways to live a healthy, full and active life.

**Benjamin Smith, MD, Faculty Physician**



Dr. Ben Smith grew up in Portland, Oregon, and then attended Columbia University where he majored in music and developed a deep interest in public service. After working in an elementary school in London and an environmental education center in Vermont, he followed friends to Fort Collins, Colorado. Here he fell in love with the Cache la Poudre river, and his wife, Jen. After completing his premedical coursework at CSU (including physics with the remarkable Brian Jones), he attended Harvard Medical School, then returned to Fort Collins to complete his family medicine residency at FMC. He maintains broad interests in management of multi-morbidity and social complexity, abortion and family planning, clinical informatics and health system design, rural health, and Spanish-language care.

**Marcia Snook, RN, BSN, Director of Operations**

Marcia has been the Practice Administrator at the Residency Program since 2002. Marcia graduated from the University of Colorado School of Nursing and obtained her BSN from Grandview College. Her role within the residency includes managing day to day operations of the Family Medicine Clinic and Poudre Valley Prenatal Clinic. She is also responsible for maintaining our clinic's compliance with Patient Safety standards. Marcia is involved with managing the department budget, practice improvement, staff competencies







**Pamela Webber, MD, Associate Director, Behavioral Health Services**

and patient concerns. Professional organization affiliations include FMRNA, MGMA, CMGMA, and STFM. An Iowa girl at heart, she fills her free time with family and friends and playing golf, fishing and trap shooting.



A Fort Collins native, Dr. Webber graduated from the University of Colorado Health Sciences Center School of Medicine. She completed her family practice residency with the U.S. Air Force in Fort Worth, Texas, and spent the next four years in various locations as an Air Force physician. Dr. Webber also has served as a faculty member at a residency program in Wheeling, West Virginia. Her special interests include lifestyle and behavioral medicine. Dr. Webber earned a master's degree in nutrition from Colorado State University, prior to medical school and completed a master's degree in marriage and family therapy in 2009.

**Kimberly Bell, Residency Program Manager**



Kim joined our program in 2011 as the Education Coordinator. As the Program Manager, she is the point person for the residency program. Kim enjoys working collaboratively with students, residents, faculty, and community physicians to create great learning opportunities. She is passionate about residency education. Kim received a bachelor's degree and master's degree from Colorado State University. Feel free to contact her with any questions at 970-495-8803

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