

Second year



Kristina Cordes, MD, University of Nevada, Las Vegas School of Medicine

Dr. Kristina Cordes grew up in Moapa Valley, a small community an hour outside of Las Vegas. Growing up she spent a lot of time hiking, camping and looking for petroglyphs in the Nevada wilderness. She completed her Bachelor and Master degrees at the University of Connecticut. During college she played on the club volleyball team, both at UConn and in England where she studied abroad for a year. After Connecticut, she moved to Atlanta to complete an MPH at Emory and worked at the CDC for several years. For Kristi, family medicine represents the best of both worlds and allows physicians to have a positive, lasting impact on individuals and the community. She still enjoys spending time wandering around in the wilderness and has taken up trail running and rock climbing in addition to hiking and camping. She chose the Fort Collins Family Medicine Residency program because she wanted robust, full-scope training in a supportive environment. She is interested in maternal and child health, reproductive health and gender-affirming care.



**Max Harris, MD, Rush Medical College
of Rush University Medical Center**

Dr. Max Harris is originally from Boulder, Colorado. He attended the University of Puget Sound where he studied political science and mathematics. He attended medical school at Rush Medical College. He was first inspired to pursue a career in healthcare while trekking in a remote area of the Himalayas and faced with several medical situations. His passion for medicine further developed after completing wilderness first responder and EMT certifications and working as an emergency room technician in Vail, Colorado. His hobbies include hiking, skiing, mountain biking, cooking, biking and traveling. He was drawn to the Fort Collins Family Medicine Residency program by the strong full spectrum training it provided, the personalities of the faculty and residents along with the opportunity to return home to Colorado to complete my residency. He medical interests include full spectrum family medicine, procedures, preventive medicine, medical Spanish, nutrition, sports medicine, underserved medicine, and endocrinology.



Megan Huynh, DO, Arizona College of Osteopathic Medicine of Midwestern University

Dr. Megan Huynh is from Glendale, Arizona. Growing up she played piano, trombone, baritone, and trumpet briefly. She enjoyed drawing, reading, and cross-stitch. She attended college at the University of Arizona and medical school at Midwestern University. She decided she wanted to become a doctor when she was a kid, but it was her experiences in the emergency department as a scribe that confirmed the decision. She always loved making people feel better and using her brain to solve puzzles. Medicine was the natural pathway to combine these two. She enjoys spending time with her family and dogs, especially when camping or traveling. She chose the Fort Collins Family Medicine Residency program because of the broad-spectrum training with a diverse population.



**Rachel Palmer, DO, Western University
of Health Sciences College of
Osteopathic Medicine of the Pacific**

Dr. Rachel Palmer, DO, is originally from Molalla, Oregon. She attended medical school at Pacific University, Forest Grove, Oregon. She loves being active, being outdoors, long-distance backpacking, trying new activities like line dancing, and traveling. Rachel chose the Fort Collins Family Medicine Residency program because it felt like a great fit all around. She is interested in Women's health, preventative health, global health, rural health, and serving underserved populations. While at Fort Collins Family Medicine Residency, she hopes to learn to be a compassionate, competent, full-scope family medicine physician who can serve the health care needs of the community.



**Jason Spicher, MD, Pennsylvania
State University College of Medicine**

Jason Spicher is from Lancaster, Pennsylvania and grew up spending a lot of time outdoors hiking and camping. During college he helped organize the bicycle co-op and still loves riding, building and repairing bikes of all kinds! Jason studied Biology, Chemistry and Spanish at Eastern Mennonite University in Harrisonburg, Virginia and was a member of the Honors Program. After college he moved to Alamosa, Colorado to volunteer in the county public health department and became interested in community health and primary care. Jason chose the Fort Collins Family Medicine Residency program because he wanted a program where he could learn a wide variety of skills as a family doctor in a community setting. His medical interests include public health, point of care ultrasound, medical education curriculum development, and the wide variety of procedures family doctors can do!



Allee Torres, MD, University of Colorado School of Medicine

Allee Torres is from both Albuquerque, New Mexico and Colorado Springs, Colorado. She received a Bachelor's from Stanford University and Master's from Georgetown University. Allee decided she wanted to become a doctor while working on her Master's degree and was inspired by seeing how much family and community health was impacted by their family physicians. Allee chose the Fort Collins Family Medicine Residency program because she was drawn to the program's strengths of full-scope training in a beautiful setting. She loved the idea of training that opens doors to work in any setting. She also wanted to be part of a program that is involved in its community, and Fort Collins FMR definitely checked that box. Dr. Torres is interested in rural/underserved medicine and is passionate about preventive medicine and behavioral health.



**Anna Venardi, DO, Kansas City
University of
Medicine and Biosciences College of
Osteopathic Medicine**

Anna Venardi was born and raised in Walnut Creek, California. She was a voracious reader growing up, often getting in trouble with her mother for reading when she was supposed to be going to sleep. Anna attended University of California, Santa Barbara and received a degree in Microbiology. She enjoys hiking, swimming, yoga, cooking, reading, and traveling as much as possible whether that be far or near. Anna chose Fort Collins Family Medicine Residency program for the full scope medical training it provides its residents and the friendly and inviting nature of the faculty, staff, and residents. Her medical interests include women's health, prenatal care and obstetrics, and working with underserved populations. She hopes to truly become a full scope family medicine physician that can practice confidently in a variety of settings with extensive procedural training.