Healing Hearts Academy 2025

Healing Hearts Academy is a free education series designed to provide valuable information to people who are impacted by congestive heart failure



Join us virtually the *second Thursday of each month from 3-4 p.m*. on Microsoft Teams

January 9: Congestive Heart Failure Overview
February 13: Medications for Heart Failure
March 13: Palliative Care and Advanced Therapies
April 10: Exercise/Activity with Heart Failure
May 8: Diabetes and Heart Failure
June 12: Diet Management
July 10: Congestive Heart Failure Overview
August 14: Medications for Heart Failure
September 11: Palliative Care and Advanced Therapies
October 10: Exercise/Activity with Heart Failure
November 13: Diabetes and Heart Failure
December 11: Diet Management

Classes are free of charge. To be invited to this event, please email: MHS-HFEducation@uchealth.org or call 719-365-8106. Patients are welcome to include family members, friends or caregivers.

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