

Lymphedema Awareness Day

March 4, 2017



Lymphedema Awareness Day is a FREE event that offers information and support for those living with lymphedema and/or lipedema. Family members, caregivers, and health care professionals are also encouraged to attend. breast cancer rehabilitation specialist Jodi Winicour, PT, CMT, CLT-LANA, will give a talk on exercise and lymphedema based on the latest research. See below for all activities and presentations. A light lunch is included.

Medical Center of the Rockies – UHealth
2500 Rocky Mountain Ave, Loveland, CO
Longs Peak Rm on the Lower Level
9:30 a.m. – 2:00 p.m.
Exhibits open at 9:00 a.m.



Visit lymphedemaawarenessday.com to sign up for updates or call 303-245-0333.

PRELIMINARY AGENDA (subject to change)

9:00am – 9:30am	Registration; Sponsors' exhibits open
9:30am – 9:40am	Introductions – Carol Gertsch, PT, DPT, CLT-LANA of UHealth
9:40am – 9:50am	Update on the Lymphedema Treatment Act – Jeri Schmelzel, PT, CLT-LANA
9:50am – 10:05am	The Lymphedema Education & Research Network (LE&RN) – Marie Apodaca
10:05am – 10:15am	Movement/Exercises – Erin Maranjian, LMT, BCTMB, CLT-LANA
10:15am – 10:45pm	Living with Lymphedema: Personal Stories – Allyson and Gina
10:45am – 11:15am	Break; Sponsors' exhibits open; Networking
11:15pm – 12:15pm	Keynote Address: Exercise and Lymphedema – Jodi Winicour, PT, CMT, CLT-LANA
12:15pm – 1:15pm	Lunch; Sponsors' exhibits open; Networking
1:15pm – 1:25pm	Movement/Exercises – Erin Maranjian, LMT, BCTMB, CLT-LANA
1:25pm – 1:40pm	Self-Management – Summary of the online survey
1:40pm – 2:00pm	Ask a Therapist – Q and A with the audience
2:00pm – 2:15pm	Lymphedema Support Groups – Tips for success; networking with other interested in starting a Northern Colorado support group

