Who would make medical decisions for you if you couldn’t speak for yourself?

9 steps to take charge of your future medical care

Share with friends, family, and your doctor

Quick. Simple.

To complete an online Medical Durable Power of Attorney

1. Login to your **My Health Connection Account** at <https://www.uchealth.org/access-my-health-connection/>
2. Click on **“My Record”** on the top banner
3. Select **“Advance Care Planning”** from the menu
4. Scroll down page to section **How You Begin Depends on Where You Are:** and click on “Identify your health care decision maker and complete a Medical Durable Power of Attorney form”
5. To begin, answer if you agree to complete a legal MDPOA that replaces any previous MDPOAs. *I agree*
6. Read the legal statements and answer appropriately if understood. *If no, select cancel and then select delete responses to leave. If yes*, continue.
7. Fill out the contact information of person chosen, and optional alternate #1 and alternate #2. Click continue.
8. Optional: Add text of values and preferences
9. Review and Submit

To view and print your document

1. Return to **Advance Care Planning** under **My Record**
2. Scroll down page to **Documents on File**
3. Click on most recent document. View and print.

My Health Connection

Medical Durable Power of Attorney