

## COVID-19/ Sequence for Putting On PPE **Action Gather PPE** Gown Gloves Surgical/Procedural Mask or N95 Respirator as appropriate for situation Goggles or Face Shield Don PPE 1. Perform hand hygiene 2. Don Procedure Mask or N95 Respirator a. Secure ties or elastic bands at middle of head and neck b. Fit flexible band to nose bridge c. Fit snug to face and below chin d. Fit-check respirator 3. Don Gown a. Fully cover torso from neck to knees, arms to end of wrists and wrap around back b. Utilize thumb holes on gown, if available c. Fasten in back of neck and waist 4. Don Goggles or Face Shield a. Place over face and eyes and adjust to fit b. Eyeglasses are not adequate 5. Gloves Extend to cover wrist of isolation gown Ensure gown is low on wrist touching hand so the glove completely covers the gown. Keep hands away from face Limit surfaces touched Change gloves when torn or heavily

contaminated

Perform hand hygiene frequently