

RECOGNIZING CORNAVIRUS-19 (COVID-19)

The newly discovered virus named COVID-19 has spread across all nations in a pandemic not previously seen for nearly 100 years. Since this virus is newly discovered, there are many things we don't know about the micro-organism. Typical symptoms are easy to identify, but there are other symptoms associated with a COVID-19 infection that are not so clear.

- 1) Can an individual get re-infected after having had the virus and recovered from it?
 - a) We don't know the answer yet, persons develop measurable antibodies, but we don't know if they are protective, research is ongoing.
- 2) How long do the virus particles (droplets or "aerosolized") remain in the air we breathe?
 - a) Likely up to 3 hours, depending upon volume. Good news: generally, stays within 1 foot of the person with the infection.
- 3) Just how far in distance we need to stay away from an individual with a COVID-19 infection or suspected infection?
 - a) Researchers have determined 6 feet separation from other individuals, indoors and outdoors as well. Following "Social Distancing" concept and "Stay at Home" directives.
- 4) How long can the virus live on a solid surface? It depends on the surface.
 - a) Cardboard: up to 3 hrs.; Stainless Steel: 5-6 hrs.; Plastic: 6-7 hrs.

WELL- KNOWN SYMPTOMS	LESSER KNOWN SYMPTOMS
Fever	Dry cough (initially)
Productive cough	Chest pain
Shortness of breath	Dizziness
Muscle/joint aches	Confusion
Headache	Sore throat
Hemoptysis	Nasal congestion
	Runny nose
	Sneezing
	Loss of appetite
	Generalized Abdominal Pain
	Loss of taste and/or loss of smell

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