

Isolation and Quarantine Tool

after Exposure or Positive Test Result

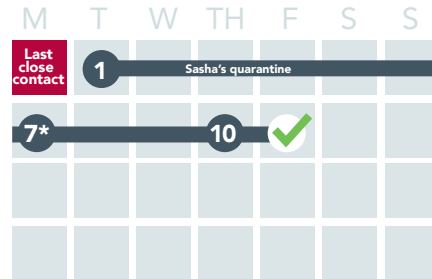
Isolation is used for people with symptoms or a positive COVID-19 test.

Quarantine is used for people who are well but who are close contacts of or were exposed to someone who is ill.

Close contact means someone was within 6 feet of a sick person for 15 minutes or more. This is within a 24-hour period. This can be anytime during the sick person's isolation or 2 days before the person got sick. This is regardless of face mask use.

Scenario 1 Close contact and quarantine

Sasha's partner gets sick with COVID-19 on Monday and isolates in a separate room. Sasha feels well and doesn't have any symptoms but she was in close contact with her partner until Monday. She needs to **quarantine** for 10 days. Quarantine can end after day 10 if Sasha does not have any symptoms. Sasha can end her quarantine on day 7 if she doesn't have any symptoms AND tests negative after taking a COVID-19 test on day 7.*



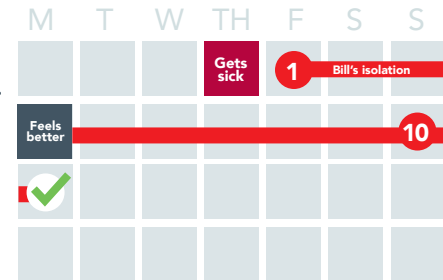
Scenario 2 Isolation with lingering symptoms

Alberto gets sick with COVID-19 on Wednesday and has a fever and cough for 10 days. He cannot end **isolation** until it's been 10 days and he's fever-free for 24 hours. Alberto isolates the 10 days plus 1 extra day.



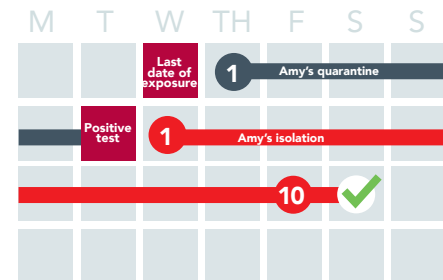
Scenario 3 Isolation with brief illness

Bill gets sick with COVID-19 on Thursday. He feels better and his fever ends on Monday. Even though he seems well earlier, he still must **isolate** for a full 10 days since his symptoms started. Bill's isolation ends after 10 days.



Scenario 4 Asymptomatic case

Amy's co-worker tested positive for COVID-19. Amy began to **quarantine** and decided to get tested after 5 days even though she never felt sick. Her test comes back positive. The date of the positive COVID-19 test starts **isolation** period of 10 days since Amy is asymptomatic (has no symptoms).



Scenario 5 Household quarantine and isolation

Tom's son Jake was exposed to COVID-19 at school so he begins **quarantine**. After 4 days in quarantine, he then gets sick. Now Jake is in **isolation** and Tom has to **quarantine**. As Tom cares for Jake (who is infectious and can spread COVID-19 to close contacts), he is considered exposed to COVID-19 until Jake's isolation ends. Tom's quarantine starts as soon as Jake gets sick, but the 10-day count starts after Tom's last exposure to Jake.

